



Runner's High 2014 Day-to-Day Calendar

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Looking for a way to bring a little humor into your training? Whether you're a casual runner or a serious marathoner, the lighthearted and inspirational sayings in *Runner's High 2014 Day-to-Day eCalendar*--seen on signs along race routes and on fellow runners' T-shirts--will help make you laugh and enjoy this sport of running even more. Keeping in mind "That's not sweat, it's your fat cells crying," "Running is cheaper than therapy," and "There's beer at the finish line" will surely get you through the tape in record time.

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