



La vida antes y después de un infarto (Spanish Edition)

Dr. Enrique Asín Cardiel, Dr. Ignacio Ruiz Martínez

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'La vida antes y después de infarto' describe y responde de forma clara y exhaustiva la mayoría de las dudas y temores que tienen los enfermos que acaban de sufrir un infarto de miocardio. Las recomendaciones que se hacen van a ayudar, sin duda, a todos los pacientes y sus familiares a afrontar de forma tranquila y responsable la vida después del infarto, que como dicen los autores puede ser igual de gratificante que antes y, con todo seguridad, más sana si se siguen las indicaciones que se dan en esta publicación.

Además, este libro puede interesar a las personas que, sin haber tenido un infarto o una angina de pecho, se preocupan por conocer la importancia de controlar los factores de riesgo coronario y los beneficios de una más sana sobre su salud cardiovascular.

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