



Emotional Resonance: The Story of World-Accaimed Psychotherapist Helen Watkins

John G. Watkins

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The fascinating story of a gifted and creative psychotherapist who developed a new form of therapy, told by her husband and colleague. He focuses on what she was like as a person, outside her consulting office and away from the teaching podium, but he also illustrates her ability to be emotionally resonant with her patients by including intriguing vignettes of her work. Helen Watkins will be an inspiration to men and women who seek success in work and happiness in love.

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