



A Special Scar: The Experiences of People Bereaved by Suicide, 2e

Alison Wertheimer

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Every 85 minutes someone in the UK takes their own life, but what happens to those left behind? In a society where suicide is often viewed with fear or disapproval, it can be difficult for those personally affected by a suicide death to come to terms with their loss and seek help and support. *A Special Scar* looks in detail at the stigma surrounding suicide and offers practical help for survivors, relatives and friends of people who have taken their own life. Fifty bereaved people tell their own stories, showing us that, by not hiding the truth from themselves and others, they have been able to learn to live with the suicide, offering hope to others facing this traumatic loss. This new, revised edition includes new material on:

- * counselling survivors of suicide
- * group work with survivors.

The new material incorporates the latest research findings which have added significantly to our understanding of the impact of suicide, an area which the UK Government has targeted for action in the mental health arena. This new edition will continue to be an invaluable resource for survivors of suicide as well as for all those who are in contact with them, including police and coroner's officers, bereavement services, self-help organisations for survivors, mental health professionals, social workers, GPs, counsellors and therapists.

Alison Wertheimer has been working as a freelance writer and researcher since 1987, after working in the voluntary sector for twenty years. She has a private counselling practice, is a supervisor with a bereavement counselling service and runs workshops on the impact of suicide bereavement.

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Graham Ayala:

In this time globalization it is important to someone to find information. The information will make you to definitely understand the condition of the world. The healthiness of the world makes the information quicker to share. You can find a lot of personal references to get information example: internet, newspaper, book, and soon. You can see that now, a lot of publisher that print many kinds of book. The particular book that recommended for you is A Special Scar: The Experiences of People Bereaved by Suicide, 2e this guide consist a lot of the information on the condition of this world now. This book was represented so why is the world has grown up. The terminology styles that writer use for explain it is easy to understand. Often the writer made some study when he makes this book. That is why this book suited all of you.

Martha Howell:

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