



# **Bad Medicine: Life Prescriptions from M.D. Hirschberg**

*Matthew D. Hirschberg*

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## **Bad Medicine: Life Prescriptions from M.D. Hirschberg** Matthew D. Hirschberg

Bad Medicine is the improbable story of Matthew D. Hirschberg. His extraordinary journey serves as proof that any obstacle in life can be overcome. Matt's story is one of redemption and a great reminder that personal responsibility helps pave the road to success. From his early days involving drugs, prison and obesity to his current stage of life where he is a successful entrepreneur, business owner and speaker, this book helps its readers reexamine and take stock of their own lives through his "Life Prescriptions" – the proven life lessons he has learned from his unbelievable experiences. Once hitting rock bottom, Matt had to pick up the pieces of a shattered life and try to put them back together. He improved his health, continued his education and strengthened his faith. Today, Matt has been blessed with a career that allows him to help other people by improving lives one body at a time and this book is just another example of that. After experiencing his story and the words of wisdom he has to share, one's life cannot help but be changed for the better.

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