



The Old Guy Rules: Make the Last Half of Your Life Even Better Than the First

Jim Rodgers

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A book about personal growth, self development, self improvement, and self empowerment, The Old Guy Rules is one of those self help books that will change the way you live your life. Jim Rodgers thought his life was going according to plan until... his wife was suddenly transferred to California and he was left to care for their two small children. In addition to handling this difficult task, he was confronted with the idea of becoming an "Old Guy." This book examines the prospect of what it means to age gracefully from the eyes of one of the last of the Baby Boomers. Jim lives by a code that he calls "The Old Guy Rules." These rules enable him to make the most of the rest of his life, not take himself or the world too seriously, and to see the glass as half full rather than the alternative. This book celebrates the aging process as a time to show the rest of the world that you are still a force of nature, and by doing so, you can make the years ahead happier and healthier. Do you have what it takes to be an Old Guy?

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