



# Only Tears: Poetry Written on the Runaway Train of Chronic Fatigue Syndrome

*Keryn Dawer*

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## **Only Tears: Poetry Written on the Runaway Train of Chronic Fatigue Syndrome** Keryn Dawer

How do you describe the indescribable? How do you make the unimaginable real ? In over forty poems, "Only Tears: Poetry Written on the Runaway Train of Chronic Fatigue Syndrome" author Keryn Dawer deftly explores the devastation of her illness experience: a private story yet one shared by millions. Loosely chronicling her 29 year emotional journey with sickness and the deleterious name "chronic fatigue syndrome," Ms. Dawer's accessible poetry captures the complexities of this "nightmare experience" and the intricacies of navigating a life with an invisible illness that is met with disbelief, disregard and minimal to no medical care. With compassion and concern for her fellow sufferers, the author's transcendent message, "You are not alone," shines through.

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