



Autism: Teach Your Autistic Children Hygiene Skills To Help Them Live A Clean, Healthy And Happy Life (Autism, Aspergers Syndrome, ADHD, ADD, Special Needs, Hygiene, Potty Training)

Nancy Perez

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Learn About Teaching Your Autistic Children Hygiene Skills That Can Help Them Live A Clean, Healthy And Happy Life

As a parent of an autistic child, it can be quite daunting to teach your child hygiene skills. We know that an autistic child's idea of hygiene can be very different than the world's idea of the same. It is unconventional and in many cases makes them feel anxious.

This book will show you the most common hygiene problems that autistic children face. And provide practical solutions that you as a parent can implement to teach personal hygiene to your autistic child in a simple and effective way.

The key is to take matters slowly. Introduce personal hygiene lessons to your children in steps that they can manage. Describe each step to them. Help them remember by providing visual aids.

Proper personal hygiene starts at home. Parents play an important role in making sure their autistic child knows basic, important personal hygiene. They can be the perfect role models for their child by doing and showing their child how they do good personal hygiene habits. Autistic children mimic what they see. If they see their parents regularly showering, brushing teeth, and washing hands, they'll learn these habits fast and easy. Most importantly, they'll learn that hygiene is important.

Start teaching personal hygiene at an early age. Frequent reinforcements about personal hygiene will help autistic children learn more. Giving lots of encouragement and praise for accomplishing hygiene tasks will also help.

Parents can explain to their autistic child that keeping a clean body is healthy. As an example, they can remind their child what bacteria and germs can do if someone does not wash hands before eating or after going to the toilet.

Basic, daily personal hygiene is about washing hands, keeping the body neat and clean, and covering the mouth when sneezing or coughing. There is a social element to dealing with personal things though. Here are the most common hygiene problems that autistic children may face. Parents can cite these problems when helping their autistic child understand the importance of personal hygiene habits.

Some Of The Chapters In The Book:

- Hygiene Problems Your Autistic Child May Face
- Teaching Your Autistic Child to Use the Toilet
- Teaching Your Autistic Child Oral Hygiene
- Teaching Your Autistic Child to Take a Shower
- And More!

Get This Book, Use The Solutions And Watch Your Child Learn Good Hygiene Skills!

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