

### Get It!: A Beauty, Style, and Wellness Guide to Getting Your "It" Together

Jacqueline Laurita, Jené Luciani

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Juggling mom, wife, and work time is a challenge for any woman. And what about "me" time? How do you find the time to meet your commitments and take care of your family without losing sight of your own needs?

In *Get It!*, longtime Bravo-TV *Real Housewives of New Jersey* cast member and twenty-year cosmetology veteran Jacqueline Laurita teams up with nationally renowned beauty and style expert (NBC's Today, Wendy Williams, Dr. Oz) and *The Bra Book* author Jené Luciani to share their decades of combined expertise with other busy moms who want to look and feel happy, healthy, and beautiful from the inside out. With candor, humor, and a genuine "girl's best friend" tone, Jacqueline and Jené guide you through a journey of self-discovery and transformation as you discover the beauty within yourself and positively change your life for the better.

Get It! offers easy, instructional tips, tricks, and strategies to bring out the best you that you can be, by helping you get whatever "it" is that you want and need out of life. Get Centered, Get Focused, Get Organized, Get Healthy, Get Fit, Get Beautiful, Get Youthful, Get Stylish, Get Sexy, and Get Peace and Happiness—in just minutes a day.

From finding a calm center amidst chaos to dressing for your body type in your 30s, 40s, and beyond, from keeping the romance and excitement in your relationship to time-saving advice on hair, makeup, and looking and feeling young . . . *Get It!* is the ultimate handbook for any woman looking to find style, beauty, and wellness within herself while getting exactly what she wants out of life, no matter what challenges she's facing.



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