



Who Am I?: How My Daughter Taught Me to Let Go and Live Again

Megan Cyrulewski

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Megan Cyrulewski is an ordinary person who has faced extraordinary challenges and now wants to inspire people and show them that hope gives them the power to survive anything. Who Am I? is about her journey into post-partum depression, anxiety disorder, panic attacks, visits to the psych ward, divorce, domestic violence, law school, and her courageous struggle to survive with her sanity intact—and how a beautiful little girl emerged from all this chaos.

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