



The Skateboarding Field Manual

Ryan Stutt

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Winner of American Library Association award:
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An illustrated guide to skateboarding skills and techniques.

Skateboarding is more than a sport; it is a passion and way of life driven by those who love to push the limits of gravity and inertia while bending the notions of social acceptability. **The Skateboarding Field Manual** addresses both the intricacies of the sport and the intangibles of its culture. Skateboard enthusiast and journalist Ryan Stutt provides outstanding advice, which ranges from how to stand on your board and how to fall without causing injuries to how to perform grinds, slides and flips.

This comprehensive reference is simply the very best manual on the sport of skateboarding. There are 33 maneuvers and tricks for beginners to intermediates, all illustrated with over 350 custom color photographs by skateboarding photographer Harry Gils.

Other features include:

Advice on flips, grinds and slides for rails, ramps and ledges, including the varial flip, the nose grind and the board slide. **The Skateboarding Field Manual** is the essential guide for anyone looking to master the art of skateboarding and to understand its unique culture.

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