



Tending the Soul's Garden: Permaculture as a Way Forward in Difficult Times

Denise Rushing

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Permaculture, also known as regenerative design or ecological agriculture, (permanent agriculture) provides a design framework for empowerment and action; cultivating inner wisdom and gifts, honoring the wisdom of nature and engaging in the world as nature does. Permaculture ethics, intentions and principles are those of nature herself, and can be applied to the garden, the farm, and indeed any living system including human structures. Tending the Soul's Garden is an introduction to applied permaculture and how it can help us engage in difficult and sometimes overwhelming work with a sense of balance, hope and purpose.

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