



Stumbling Naked in the Dark: Overcoming Mistakes Men Make With Women

Bradley Fenton

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Stumbling Naked in the Dark: Overcoming Mistakes Men Make With Women is the revolutionary new book on male-female relationships by author Bradley Fenton. The author asserts that a majority of men repeatedly make common mistakes while interacting with women and thus unknowingly come off as unattractive. Fenton identifies these mistakes and suggests some rather unorthodox ways to overcome them. With integrity, maturity and humor, Stumbling Naked in the Dark explains once and for all why some men just don't get "it" and offers a new mindset for leading relationships in the right direction. While most dating and relationship books have focused on understanding the differences between men and women, Stumbling Naked in the Dark focuses on the similarities between the sexes by exploring universal laws of human behavior. Relationship problems are due to the pressure created by the "aggressively flawed" role that people, and primarily men, learn to play in our culture. This leads to men exerting negative pressure and control that causes women to subconsciously withdraw and find men unattractive. Stumbling Naked in the Dark teaches men how to alleviate the stress and pressure associated with dating so they become more relaxed and attractive to women and explores how men can focus on what makes women feel understood and comfortable, leading to their decisions of intimacy and commitment. For example, Fenton offers insights on how: -Interactions with women in today's social settings are burdened with pressure and distrust, leading to failure that creates a vicious cycle of anxiety and hopelessness. -Most men unknowingly approach relationships as a game and feel the pressure of losing if they don't get what they want. -Men mistakenly believe they have done something wrong if a woman chooses not to go out with them, creating an adversarial situation destined to fail. -Success with women is not an innate skill that only a few men possess. All men can have a relationship - it's a matter of breaking down mental blocks to attain it. -Women frequently make decisions about men based on their own anxieties and insecurities. In many cases, their availability to date has nothing to do with a specific man at all. -Letting go of a woman's decision-making - and being healthfully indifferent to the outcome of an interaction while still genuinely caring for her well-being - is the key to attracting women. -Making "No" an okay answer from women lessens pressure, adds more fun and actually leads to more "Yes" answers. Fenton also discusses how to break through four common obstacles males encounter on the road to relationship success: Personal Warning Beliefs, Identity, Need for Approval and Tactile Needs and Energy. By teaching men how to become more comfortable with themselves and erase preconceived notions about women, Stumbling Naked in the Dark offers a powerful framework for men who want to disengage from the typical "dating game" and be more confident, fair and intuitive in their relationships with women.

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