



# Cooking with Shelburne Farms: Food and Stories from Vermont (Shelburne Farms Books)

*Shelburne Farms, Melissa Pasanen, Rick Gencarelli*

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**A *New York Times* Notable cookbook of 2007**

**A long-awaited cookbook from the beloved Shelburne Farms**

For the growing number of people who want to feel a stronger connection to their food, Shelburne Farms has become an inspiration. Each year, visitors flock to Shelburne Farms for its educational programs and delicious food made from sustainable ingredients as well as for its incredible landscape. Now, readers everywhere can experience the spirit, wonderful flavors, and authentic cooking inspired by this very special place.

*Cooking with Shelburne Farms* is a celebration of food from the land. With one hundred recipes featuring ten basic Vermont ingredients—milk and cheese, maple syrup, early season greens, lamb, mushrooms, game, fish, pork, root cellar vegetables, and apples—the dishes deliver rustic flavors with a fresh, comfortable, country-style cooking approach. There are recipes for low-fuss weeknight dinners, such as maple-black pepper roast chicken as well as dishes that will impress guests, such as roast duck legs with sour cherry sauce. With classics like hash, shepherd's pie, and tomato soup, and New England desserts like hot milk sponge cake and maple syrup pie, *Cooking with Shelburne Farms* brings a new twist to traditional favorites and pairs native ingredients with newer world flavors.

In addition to the mouthwatering recipes, this book brings to life the succulent scenery and beauty of a working farm. From the smoky scent of a steaming sugarhouse to the treasure hunt for the first wild green shoots or prized mushrooms of the season, *Cooking with Shelburne Farms* will encourage readers to think about the origins of their food and to treasure the land and people who have brought it to them. It is a feast for all the senses.

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