



The Science of Sexy: Dress to Fit Your Unique Figure with the Style System That Works for Every Shape and Size

Bradley Bayou

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A celebrity fashion designer gives every woman the red-carpet treatment in this foolproof guide to choosing clothes that make you look fabulous?with tailor-made tips for forty-eight body types.

From Oprah to Eva Longoria, top L.A. designer Bradley Bayou has dressed women of all shapes and sizes and knows that every woman has her own natural combination of silhouette shape, height, and weight. Style is not about fitting into the size you think is sexy, it is about picking clothes that fit your body correctly and that create balance.

In *The Science of Sexy*, Bayou helps readers identify their silhouette shape (triangle, inverted triangle, rectangle, or hourglass) and combines that information with a height/weight chart to determine which of the forty-eight "fitting rooms" to go to in the book. Each fitting room has Bradley's specific advice on the clothes and accessories to wear and avoid, and how to create balance using color, scale, proportions, and fabric.

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