



I Need to Change My Life!: Rediscover Your Passion and Restart Your Life

Jim Koehneke MA

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There are times in life when it may feel like you've hit a dead end, and looking back is not where you want to go. Rather than just muddle through for a while, the right path to take in order to gain clarity, inspiration, and power is by completing this 25 question "soul searching" workbook. The reason for this is that a deeper level of awareness is required in order to find the clarity needed to make a change. Or, as Einstein once said, "No problem can be solved from the same level of consciousness that created it." That's what this workbook is all about: for you to delve deeper into your heart's awareness and draw from the wisdom that is already present within you in order to figure out how to make the change you so desire. A change that will lead to joy, thriving, and what I call full self-expression. These questions will actually call forth Your Future Self and inspire you to more happily play in this "adventurous game of life!"

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